



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			ADL/LIFE SKILLS 1 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. PRICE IS RIGHT <u>1:30P BIRTHDAY BASH/AL</u> 3P PATIO SOCIAL TIME 5P SOLITAIRE	ADL/LIFE SKILLS 2 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. NAME THAT TUNE 60S 1P BOWLING 2P SNACK TIME 5P HAND MASSAGE Groundhog Day	ADL/LIFE SKILLS 3 9A WATCH NEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: WORDS SEARCH 3P: SNACK SOCIAL 5:30P: WATCH EVENING NEWS	ADL/LIFE SKILLS 4 9A WATCH NEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC
ADL/LIFE SKILLS 5 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. FLEX AND STRETCH 1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION	ADL/LIFE SKILLS 6 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. SING-A LONG 1:30P GROUP PUZZLE 2:30P SNACK SOCIAL 5P RELAXING MUSIC	ADL/LIFE SKILLS 7 9A-10A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. BINGO <u>1P HAPPY HOUR WITH ARLAND</u> 2P MATINEE MOVIE 5P NEWSWATCH AT 5P	ADL/LIFE SKILLS 8 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. GUESS WHO AM I GAME 2P CARD GAMES 3P BINGO 5P HAND MASSAGE	ADL/LIFE SKILLS 9 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 1P 4KINGS CORNER 2P SNACK SOCIAL 5P HAND MASSAGE	ADL/LIFE SKILLS 10 9A WATCH NEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: WORDS SEARCH 3P: SNACK SOCIAL 5:30P: WATCH EVENING NEWS	ADL/LIFE SKILLS 11 9A WATCH NEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC
ADL/LIFE SKILLS 12 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. FLEX AND STRETCH 1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION	ADL/LIFE SKILLS 13 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. SIMPLE TRIVIA 1:30P CARD GAME 2:30P COOKIES AND TEA SOCIAL 5P RELAXING MUSIC	ADL/LIFE SKILLS 14 9A-10A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 1P SIMPLE TRIVIA <u>2P VALENTINE HAPPY HOURS</u> 5P NEWSWATCH AT 5PM Valentine's Day	ADL/LIFE SKILLS 15 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ 3. CURRENT EVENTS 4. SPELLING BEE 1P SENSORY/HAND MASSAGE <u>2:P RED LINE 57 CLASSIC OLDIES</u> 5P REMINISCE/FAMILY PICTURES	ADL/LIFE SKILLS 16 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. RIDDLE ME THIS 1P ARTS AND CRAFTS/ ADULT COLORING 2:30P SNACK SOCIAL 5P HAND MASSAGE	ADL/LIFE SKILLS 17 9A WATCH NEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: WORDS SEARCH 3P: SNACK SOCIAL 5:30P: WATCH EVENING NEWS	ADL/LIFE SKILLS 18 9A WATCH NEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC
ADL/LIFE SKILLS 19 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. FLEX AND STRETCH 1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION	ADL/LIFE SKILLS 20 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. CHAIR EXERCISE 1:30P BINGO 2:30P SNACK SOCIAL 5P RELAXING MUSIC Presidents' Day	ADL/LIFE SKILLS 21 9A-10A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. SING-ALONG 60'S MUSIC 1P MATINEE MOVIE 2:30P POPCORN SOCIAL 5P PLAYING SOLITAIRE Mardi Gras	ADL/LIFE SKILLS 22 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. SPELLING BEE <u>1:30P COUNTRY MUSIC/ GERRY AND RANDY/AL</u> 5P MUSIC RELAXATION Ash Wednesday	ADL/LIFE SKILLS 23 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. RIDDLE ME THIS 1P ARTS AND CRAFTS/ MAGAZINE COLLAGE 2:30P SNACK SOCIAL 5P HAND MASSAGE	ADL/LIFE SKILLS 24 9A WATCH NEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: WORDS SEARCH 3P: SNACK SOCIAL 5:30P: WATCH EVENING NEWS	ADL/LIFE SKILLS 25 9A WATCH NEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC
ADL/LIFE SKILLS 26 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. FLEX AND STRETCH 1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION	ADL/LIFE SKILLS 27 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. CHAIR EXERCISE 1:30P TIC TAC TOE 2:30P SNACK SOCIAL 5P RELAXING MUSIC	ADL/LIFE SKILLS 28 9A-10A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. SING A-LONG <u>10A CATHOLIC COMMUNION 11A MARDI GRA HAPPY HOURS</u> 5P NEWSWATCH AT 5				

ACTIVITY SCHEDULES ARE SUBJECT TO CHANGE AT ALL TIMES.