

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2022

## ESPLANADE GARDEN/REFLECTIONS

<p>ADL/LIFE SKILLS 4</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. FLEX AND STRETCH</li> </ol> <p>1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 5</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. CHRISTMAS SING-ALONG</li> </ol> <p>1P ADULT COLORING 2:30P 4KINGS CORNER GAME <b>5:30P CHRISTMAS TREE LIGHTING</b></p>	<p>ADL/LIFE SKILLS 6</p> <p>9A-10A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. REMINISCING/ST NICHOLAS DAY</li> </ol> <p>1:30P CHRISTMAS TREE DECORATIONS 2:30P DOMINOES 5P MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 7</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. RIDDLE ME THIS</li> </ol> <p><b>1:30P BIRTHDAY BASH/AL</b> 3P PATIO SOCIAL TIME 5P SOLITAIRE</p>	<p>ADL/LIFE SKILLS 8</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> </ol> <p>1P PUZZLE 2P CHRISTMAS DECORATIONS 5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 9</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: WORDS SEARCH 3P: SNACK SOCIAL 5:30P: WATCH EVENING NEWS</p>	<p>ADL/LIFE SKILLS 10</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>
<p>ADL/LIFE SKILLS 11</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. FLEX AND STRETCH</li> </ol> <p>1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 12</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. REMINISCING" FRANK SINATRA INTERESTING FACTS"</li> </ol> <p>1P SPELLING BEE TRIVIA 2:30P DOMINOES 5P RELAXING MUSIC</p>	<p>ADL/LIFE SKILLS 13</p> <p>9A-10A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> </ol> <p><b>10A CHRISTMAS PROGRAM/UNIVERSAL CITYFIRST BAPTIST CHURCH</b> 1P BEAN BAG TOSS 2P MAKE MEMORY BOARD <b>4P CHRISTMAS PARTY/RESIDENTS AND FAMILY</b></p>	<p>ADL/LIFE SKILLS 14</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> </ol> <p><b>10:30A CHRISTMAS HAPPY HOUR WITH ARLAND</b> <b>1:30P THE TRIO BAND (SAM RUSS AND JOHNNY)</b> 2P CARD GAMES 5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 15</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> </ol> <p>1P ARTS AND CRAFTS/ MAGAZINE COLLAGE 2P CARD GAMES 5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 16</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: WORDS SEARCH 3P: SNACK SOCIAL 5:30P: WATCH EVENING NEWS</p>	<p>ADL/LIFE SKILLS 17</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>
<p>ADL/LIFE SKILLS 18</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. FLEX AND STRETCH</li> </ol> <p>1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION</p> <p>Hanukkah Begins</p>	<p>ADL/LIFE SKILLS 19</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. SIMPLE TRIVIA</li> </ol> <p>1P HOT TEA AND CHAT /PATIO 2:30P WRITE LETTER TO SANTA 5P RELAXING MUSIC</p>	<p>ADL/LIFE SKILLS 20</p> <p>9A-10A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. RIDDLE ME THIS</li> </ol> <p><b>10A CHRISTMAS CATHOLIC MASS</b> 1:30P WORD SEARCH 5P PLAYING SOLITAIRE</p>	<p>ADL/LIFE SKILLS 21</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. SPELLING BEE</li> </ol> <p>1P SENSORY/HAND MASSAGE <b>2:P REDLINE CLASSIC OLDIES</b> 5P REMINISC/FAMILY PICTURES</p> <p>Winter Begins</p>	<p>ADL/LIFE SKILLS 22</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> </ol> <p>1P ARTS AND CRAFTS/ CHRISTMAS CARD COLLAGE 2P CARD GAMES <b>5:30P CHRISTMAS LIGHT SCENIC DRIVE</b></p>	<p>ADL/LIFE SKILLS 23</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: WORDS SEARCH 3P: SNACK SOCIAL 5:30P: WATCH EVENING NEWS</p>	<p>ADL/LIFE SKILLS 24</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>
<p>ADL/LIFE SKILLS 25</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. FLEX AND STRETCH</li> </ol> <p>1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION</p> <p>Christmas</p>	<p>ADL/LIFE SKILLS 26</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. WHO I'M I TRIVIA</li> </ol> <p>1P SPELLING BEE TRIVIA 2:30P 4KINGS CORNER GAME 5P RELAXING MUSIC</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>ADL/LIFE SKILLS 27</p> <p>9A-10A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. RIDDLE ME THIS</li> </ol> <p>2:30P DOMINOES 5P NEWSWATCH AT 5</p>	<p>ADL/LIFE SKILLS 28</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> <li>4. SPELLING BEE</li> </ol> <p><b>1:30P COUNTRY MUSIC/ GERRY AND RANDY/AL</b> 5P MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 29</p> <p>9A-10:30A</p> <ol style="list-style-type: none"> <li>1. WALKING/OUTDOOR</li> <li>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</li> <li>3. CURRENT EVENTS</li> </ol> <p>1P ARTS AND CRAFTS/ MAGAZINE COLLAGE 2P CARD GAMES 5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 30</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: WORDS SEARCH 3P: SNACK SOCIAL 5:30P: WATCH EVENING NEWS</p>	<p>ADL/LIFE SKILLS 31</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p> <p>New Year's Eve</p>

Calendar is subject to change at any time!