

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

ESPLANADE GARDENS/REFLECTIONS

				<p>ADL/LIFE SKILLS 1</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS/ MONTHLY GAZETTE</p> <p>4. CHICKEN DANCE EXERCISE</p> <p>1P REMEMBERING PATSY CLINE</p> <p>2P CARD GAMES</p> <p>5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 2</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: WORDS SEARCH</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: WATCH EVENING NEWS</p>	<p>ADL/LIFE SKILLS 3</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: RELAXING MUSIC</p>
<p>ADL/LIFE SKILLS 4</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. FLEX AND STRETCH</p> <p>1P: MANICURE/SPA DAY</p> <p>2P: BINGO</p> <p>5:30P: MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 5</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. SING-ALONG</p> <p><u>11:30A LABOR DAY LUNCH SPECIAL</u></p> <p>1P DOMINOES</p> <p>2:30P MATINEE MOVIE</p> <p>5P RELAXING MUSIC</p> <p><small>Labor Day</small></p>	<p>ADL/LIFE SKILLS 6</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. RIDDLE ME THIS</p> <p>1:30P ARTS AND CRAFTS</p> <p>WOODCRAFT PAINTING</p> <p>2:30P DOMINOES</p> <p>5P PLAYING SOLITAIRE</p>	<p>ADL/LIFE SKILLS 7</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. SPELLING DAY SOCIAL</p> <p><u>1:30P BIRTHDAY BASH/AL</u></p> <p>3P PATIO SOCIAL TIME</p> <p>5P SOLITAIRE</p>	<p>ADL/LIFE SKILLS 8</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>1P SHORT STORY/ "IF THE HAT FITS"</p> <p>2P CARD GAMES</p> <p>5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 9</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>4. GROOMING/SENSORY</p> <p>1P: WORDS SEARCH</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: WATCH EVENING NEWS</p>	<p>ADL/LIFE SKILLS 10</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: RELAXING MUSIC</p>
<p>ADL/LIFE SKILLS 11</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p><u>4. REMEMBERING 9/11 PRAYER</u></p> <p>1P: MANICURE/SPA DAY</p> <p>2P: COOKIES, MILK AND CHAT</p> <p>5:30P: MUSIC RELAXATION</p> <p><small>Grandparents Day</small></p>	<p>ADL/LIFE SKILLS 12</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. SING-ALONG</p> <p>1P SPELLING BEE TRIVIA</p> <p><u>2:P SNOW CONE AT THE LOBBY/RESIDENTS AND STAFFS</u></p> <p>5P RELAXING MUSIC</p>	<p>ADL/LIFE SKILLS 13</p> <p>9A-10A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p><u>10A CATHOLIC MASS/AL</u></p> <p><u>2P JERSEY DAY/ BEAN BAG TOSS</u></p> <p>5P NEWSWATCH AT 5P</p>	<p>ADL/LIFE SKILLS 14</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p><u>10:30A HAPPY HOUR WITH ARLAND</u></p> <p><u>1:30P THE TRIO BAND (SAM RUSS AND JOHNNY) RESIDENTS & STAFFS/DECADES DAY DRESS UP</u></p> <p>3P PATIO SOCIAL</p> <p>5P MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 15</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p><u>2P WEAR A HAT DAY TEA PARTY (STAFF & RESIDENTS)</u></p> <p>2P CARD GAMES</p> <p>5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 16</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING</p> <p><u>1P: HAPPY TAIL ANIMAL SHOW (RED SHIRTS AND JEANS DAY RESIDENTS & STAFFS PICTURES AND GOODIES</u></p> <p>3P: SNACK SOCIAL</p> <p>5:30P: RELAXING MUSIC</p>	<p>ADL/LIFE SKILLS 17</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: RELAXING MUSIC</p> <p><small>Oktoberfest Begins</small></p>
<p>ADL/LIFE SKILLS 18</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. FLEX AND STRETCH</p> <p>1P: MANICURE/SPA DAY</p> <p>2P: BINGO</p> <p>5:30P: MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 19</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. FIVE-CLUE WHAT I'M I?</p> <p>1P SPELLING BEE TRIVIA</p> <p>2:30P BIRD WATCH AT THE PATIO</p> <p>5P RELAXING MUSIC</p>	<p>ADL/LIFE SKILLS 20</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. PICTURE A WORD GAME</p> <p>1:30P ADULT COLORING</p> <p>2:30P DOMINOES</p> <p>5P PLAYING SOLITAIRE</p>	<p>ADL/LIFE SKILLS 21</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. SPELLING BEE</p> <p>1P SENSORY/HAND MASSAGE</p> <p><u>2:P RED LINE 57 CLASSIC OLDIES</u></p> <p>5P REMINISCE/FAMILY PICTURES</p>	<p>ADL/LIFE SKILLS 22</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>1P ARTS AND CRAFTS/ LEAF RUBBING</p> <p>2P CARD GAMES</p> <p>5P HAND MASSAGE</p> <p><small>Autumn Begins</small></p>	<p>ADL/LIFE SKILLS 23</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: WORDS SEARCH</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: WATCH EVENING NEWS</p>	<p>ADL/LIFE SKILLS 24</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: RELAXING MUSIC</p>
<p>ADL/LIFE SKILLS 25</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. FLEX AND STRETCH</p> <p>1P: MANICURE/SPA DAY</p> <p>2P: BINGO</p> <p>5:30P: MUSIC RELAXATION</p> <p><small>Rosh Hashanah Begins</small></p>	<p>ADL/LIFE SKILLS 26</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. SING-ALONG</p> <p>1P SPELLING BEE TRIVIA</p> <p>2:30P 4KINGS CORNER GAME</p> <p>5P RELAXING MUSIC</p>	<p>ADL/LIFE SKILLS 27</p> <p>9A-10A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. RIDDLE ME THIS</p> <p><u>10A CATHOLIC COMMUNION</u></p> <p><u>1:30P TIC TAC TOE GAME</u></p> <p>2:30P DOMINOES</p> <p>5P NEWSWATCH AT 5</p>	<p>ADL/LIFE SKILLS 28</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>4. SPELLING BEE</p> <p><u>1:30P COUNTRY MUSIC/ GERRY AND RANDY/AL</u></p> <p>5P MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 29</p> <p>9A-10:30A</p> <p>1. WALKING/OUTDOOR</p> <p>2. DEVOTIONAL PRAYER/ GOSPEL MUSIC</p> <p>3. CURRENT EVENTS</p> <p>1P REMINISCE ABOUT YOUR FAVORITES PETS</p> <p>2P CARD GAMES</p> <p>5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 30</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: WORDS SEARCH</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: RELAXING MUSIC</p>	<p>ADL/LIFE SKILLS</p> <p>9A WATCH NEWS/ CURRENT EVENTS</p> <p>10A: WALKING WITH STAFF</p> <p>1P: MATINEE MOVIE</p> <p>3P: SNACK SOCIAL</p> <p>5:30P: RELAXING MUSIC</p>

ACTIVITY SCHEDULES ARE SUBJECT TO CHANGE AT ALL TIMES.