

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2022

## ESPLANADE GARDEN/REFLECTIONS

						<p>ADL/LIFE SKILLS 9A WATCHNEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF <u>2P: INDEPENDENCE DAY/HAPPY HOUR WITH RICK / AL</u> 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC Canada Day</p>	<p>ADL/LIFE SKILLS 9A WATCHNEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>
<p>ADL/LIFE SKILLS 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. FLEX AND STRETCH 1P: MANICURE/SPA DAY 2P: BINGO 5:30P: MUSIC RELAXATION</p>	<p>ADL/LIFE SKILLS 9A-10:30A 1. WALKING WITH STAFF 2. CURRENT EVENT/NEWS TV 3. PRICE IS RIGHT 1P WORD SEARCH 2:30P INDEPENDENCE DAY MOVIE MATINEE 5P RELAXING MUSIC Independence Day (US)</p>	<p>ADL/LIFE SKILLS 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. FLEX AND STRETCH 1:30P ARTS AND CRAFTS WATERCOLOR PAINTING 2:30P DOMINOES 5P PLAYING SOLITAIRE</p>	<p>ADL/LIFE SKILLS 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. MONTHLY GAZETTE 4. SPELLING DAY SOCIAL <u>1:30P BIRTHDAY BASH/AL</u> 3P PATIO SOCIAL TIME 5P SOLITAIRE</p>	<p>ADL/LIFE SKILLS 9A-10:30A 1. WALKING/OUTDOOR 2. DEVOTIONAL PRAYER/ GOSPEL MUSIC 3. CURRENT EVENTS 4. FLEX AND STRETCH 1P SENSORY/ HAND MASSAGE 2P CARD GAMES 5P HAND MASSAGE</p>	<p>ADL/LIFE SKILLS 9A WATCHNEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>	<p>ADL/LIFE SKILLS 9A WATCHNEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>	
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ACTIVITY SCHEDULES ARE SUBJECT TO CHANGE AT ALL TIMES.