

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>March 2022</b> Esplanade Gardens Assisted Living</p>	<p>AM Walk for Health 9:30 UNO Card Games <u>11:15-12:15 Mardi Gras Lunch Party!</u> 1:00 Crocheting and Knitting (in the Piano room) 1:30 M. Train Dominos 3:30 Puzzles PM Walking for Health</p> <p>Mardi Gras</p>	<p>AM Walk for Health 9:15 Puzzles 10:00 Cards <u>1:30 Paul Davis Playing for Birthday Bash!</u> 2:30 Bingo 3:30 Open Games PM Walk for Health</p> <p>Ash Wednesday</p>	<p>AM Walk for Health 9:30 Chair Exercise <u>10:00-12:00 A Matter of Balance Class</u> 1:30 Horse Racing 2:30 Adult Coloring 3:30 Wii Bowling PM Walk for Health</p>	<p>AM Walk for Health 9:30 Puzzles 10:00 cards 1:30 Bingo <u>2:30 Movie and Popcorn (Piano room)</u> 3:00 Puzzles PM Walking for Health</p>	<p>AM Walk for Health 9:30 Puzzles 9:30 Social Time! 1:30 Open Games 3:00 Puzzles PM Walking for Health</p>	
<p>6 AM Walk for Health 9:30 Puzzles 9:30 Social Time! 1:00 Teresa Nail Day! 1:30 Open Games 3:00 Puzzles PM Walking for Health</p>	<p>7 AM Walk for Health 9:30 Chair strength training exercise class 10:00 Card Games 1:30 Bingo 2:30 Adult Coloring 3:30 Open Games PM Walking for Health</p>	<p>8 AM Walk for Health <u>9:00-10:00 Weights and Blood Pressure Clinic</u> 1:00 Crocheting and Knitting (in the Piano room) 1:30 M. Train Dominos 3:30 Puzzles PM Walking for Health</p>	<p>9 AM Walk for Health 9:15 HEB 10:00 Puzzles 1:30 Bingo <u>2:30 Crafts</u> 3:30 Open Game PM Walk for Health</p>	<p>10 AM Walk for Health 9:30 Chair Exercise <u>10:00-12:00 A Matter of Balance Class</u> 1:30 Horse Racing 2:30 Adult Coloring 3:30 Wii Bowling PM Walk for Health</p>	<p>11 AM Walk for Health 9:30 Chair Exercise <u>10:00 Bunko</u> 2:00 Bingo 3:00 Open Games 3:00 Puzzles PM Walking for Health</p>	<p>12 AM Walk for Health 9:30 Puzzles 9:30 Social Time! 1:30 Open Games 3:00 Puzzles PM Walking for Health</p>
<p>13 AM Walk for Health 9:30 Puzzles 9:30 Social Time! 1:00 Teresa Nail Day! 1:30 Open Games 3:00 Puzzles PM Walking for Health</p> <p>Daylight Saving Time Begins</p>	<p>14 AM Walk for Health 9:30 Chair strength training exercise class 10:00 Card Games 1:30 Bingo 2:30 Adult Coloring 3:30 Open Games PM Walking for Health</p>	<p>15 AM Walk for Health 9:30 UNO Card Games 1:00 Crocheting and Knitting (in the Piano room) 1:30 M. Train Dominos 3:30 Puzzles PM Walking for Health</p>	<p>16 AM Walk for Health 9:15 Walmart 10:00 Puzzles 1:30 Bingo <u>2:30 Crafts</u> 3:30 Open Game</p>	<p>17 AM Walk for Health 9:30 Chair Exercise <u>10:00-12:00 A Matter of Balance Class</u> <u>St. Patrick's Day Lunch Party!</u> 1:30 Horse Racing 2:30 Adult Coloring 3:30 Wii Bowling PM Walk for Health</p> <p>St. Patrick's Day</p>	<p>18 AM Walk for Health 9:30 Chair Exercise 10:00 Bingo <u>1:00 Happy Tails Animal show</u> 2:00 Open Games 3:00 Puzzles PM Walking for Health</p>	<p>19 AM Walk for Health 9:30 Puzzles 9:30 Social Time! 1:30 Open Games 3:00 Puzzles PM Walking for Health</p>
<p>20 AM Walk for Health 9:30 Puzzles 9:30 Social Time! 1:00 Teresa Nail Day! 1:30 Open Games 3:00 Puzzles PM Walking for Health</p> <p>Spring Begins</p>	<p>21 AM Walk for Health 9:30 Chair strength training exercise class 10:00 Card Games 1:30 Bingo 2:30 Adult Coloring 3:30 Open Games PM Walking for Health</p>	<p>22 AM Walk for Health 9:30 UNO Card Games 1:00 Crocheting and Knitting (in the Piano room) 1:30 M. Train Dominos 3:30 Puzzles PM Walking for Health</p>	<p>23 AM Walk for Health 9:15 HEB 10:00 Puzzles <u>1:30-2:30 Country Music Social with Jerry &amp; Randy in the Piano Room</u> <u>3:00 Bingo</u></p>	<p>24 AM Walk for Health 9:30 Chair Exercise <u>10:00-12:00 A Matter of Balance Class</u> 1:30 Horse Racing 2:30 Adult Coloring 3:30 Wii Bowling PM Walk for Health</p>	<p>25 AM Walk for Health 9:30 Chair Exercise <u>10:00 Picnic at the Park</u> 2:00 Bingo 3:00 Open Games 3:00 Puzzles PM Walking for Health</p>	<p>26 AM Walk for Health 9:30 Puzzles 9:30 Social Time! 1:30 Open Games 3:00 Puzzles PM Walking for Health</p>
<p>27 AM Walk for Health 9:30 Puzzles 9:30 Social Time! 1:00 Teresa Nail Day! 1:30 Open Games 3:00 Puzzles PM Walking for Health</p>	<p>28 AM Walk for Health 9:30 Chair strength training exercise class 10:00 Card Games 1:30 Bingo 2:30 Left/ Right/Center 3:30 Open Games PM Walking for Health</p>	<p>29 AM Walk for Health 9:30 UNO Card Games 1:00 Crocheting and Knitting (in the Piano room) 1:30 M. Train Dominos 3:30 Puzzles PM Walking for Health</p>	<p>30 AM Walk for Health 9:15 HEB 10:00 Puzzles 1:30 Bingo <u>2:30 Travel the World on the big Screen</u> 3:30 Open Game PM Walk for Health</p>	<p>31 AM Walk for Health 9:30 Chair Exercise 10:00 Wii Bowling 1:30 Horse Racing 2:30 Adult Coloring 3:30 Open Games PM Walk for Health</p>	<p><b>MARCH through the woods and celebrate International Day of Forests (Mar. 21), Mardi Gras (Mar. 1<sup>st</sup>), St. Patrick's Day (Mar. 17<sup>th</sup>), Purim, the first day of spring, and much more. Let the "forest" be with you.</b></p>	

Calendar is subject to change at any time!