

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p><b>ADL/LIFE SKILLS 2</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P: MANICURE/AL 2P: MATINEE MOVIE 5:30P: MUSIC RELAXATION</p>	<p><b>ADL/LIFE SKILLS 3</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P BINGO/PRICES 3P COOKIES AND TEA SOCIAL 5P RELAXING MUSIC</p>	<p><b>ADL/LIFE SKILLS 4</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A SIMPLE TRIVIA 1P CROCHET SESSION 2P BILBOARD DAY/ 3P SNACK TIME 5P WATCH NEWS/ CURRENT EVENTS</p>	<p><b>ADL/LIFE SKILLS 5</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING/OUTDOOR <u>1:30P BIRTHDAY BASH/AL</u> 3P SNACK SOCIAL 5P SOLITAIRE</p>	<p><b>ADL/LIFE SKILLS 6</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A FLEX AND STRETCH 1P GROUP PUZZLES 3P MATINEE MOVIE 5P WATCH NEWS/ CURRENT EVENTS</p>	<p><b>ADL/LIFE SKILLS 7</b> 9A WATCHNEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>	<p><b>ADL/LIFE SKILLS 8</b> 9A WATCH GOSPEL SHOW 10A: DANCE EXERCISE 2P: WORD SEARCH 3P: SNACK SOCIAL 5:30P: DEVOTIONAL TIME <small>New Year's Day</small></p>
<p><b>ADL/LIFE SKILLS 9</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P: MANICURE/AL 2P: MATINEE MOVIE 5:30P: MUSIC RELAXATION</p>	<p><b>ADL/LIFE SKILLS 10</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P BINGO/PRICES 3P SNACK TIME 5P RELAXING MUSIC</p>	<p><b>ADL/LIFE SKILLS 11</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A CHAIR YOGA 1P CROCHET SESSION 2P SIMPLE TRIVIA 3P SNACK TIME 5P WATCH NEWS/ CURRENT EVENTS</p>	<p><b>ADL/LIFE SKILLS 12</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A FLEX AND STRETCH <u>12:30P HAPPY HOUR WITH ARLAND</u> 1:30P ARTS AND CRAFTS 3P SNACK SOCIAL 5P MUSIC RELAXATION</p>	<p><b>ADL/LIFE SKILLS 13</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A FLEX AND STRETCH 1P GROUP PUZZLES 3P MATINEE MOVIE 5P WATCH NEWS/ CURRENT EVENTS</p>	<p><b>ADL/LIFE SKILLS 14</b> 9A WATCHNEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>	<p><b>ADL/LIFE SKILLS 15</b> 9A WATCH GOSPEL SHOW 10A: DANCE EXERCISE 2P: WORD SEARCH 3P: SNACK SOCIAL 5:30P: DEVOTIONAL TIME</p>
<p><b>ADL/LIFE SKILLS 16</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P: MANICURE/AL 2P: MATINEE MOVIE 5:30P: MUSIC RELAXATION</p>	<p><b>ADL/LIFE SKILLS 17</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P BINGO/PRICES <u>2P MLK HAPPY HOUR</u> 5P RELAXING MUSIC <small>Martin Luther King Jr. Day</small></p>	<p><b>ADL/LIFE SKILLS 18</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A CHAIR YOGA 1P CROCHET SESSION 2P SIMPLE TRIVIA 3P SNACK TIME 5P WATCH NEWS/ CURRENT EVENTS</p>	<p><b>ADL/LIFE SKILLS 19</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A FLEX AND STRETCH 1PM ARTS AND CRAFTS 3P WORD SEARCH 5P MUSIC RELAXATION</p>	<p><b>ADL/LIFE SKILLS 20</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A FLEX AND STRETCH 1P GROUP PUZZLES 3P MATINEE MOVIE 5P WATCH NEWS/ CURRENT EVENTS</p>	<p><b>ADL/LIFE SKILLS 21</b> 9A WATCHNEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>	<p><b>ADL/LIFE SKILLS 22</b> 9A WATCH GOSPEL SHOW 10A: DANCE EXERCISE 2P: WORD SEARCH 3P: SNACK SOCIAL 5:30P: DEVOTIONAL TIME</p>
<p><b>ADL/LIFE SKILLS 23</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P: MANICURE/AL 2P: MATINEE MOVIE 5:30P: MUSIC RELAXATION <small>Activity Professionals Week</small></p>	<p><b>ADL/LIFE SKILLS 24</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P BINGO/PRICES 3P SNACK TIME 5P RELAXING MUSIC</p>	<p><b>ADL/LIFE SKILLS 25</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A CHAIR YOGA 1P CROCHET SESSION 2P SIMPLE TRIVIA 3P SNACK TIME 5P WATCH NEWS/ CURRENT EVENTS</p>	<p><b>ADL/LIFE SKILLS 26</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING/OUTDOOR <u>1:30P COUNTRY MUSIC/ GERRY AND RANDY/AL</u> 3P SNACK SOCIAL 5:30P MUSIC RELAXATION <small>Australia Day (observed)</small></p>	<p><b>ADL/LIFE SKILLS 27</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A FLEX AND STRETCH 1P GROUP PUZZLES 3P MATINEE MOVIE 5P WATCH NEWS/ CURRENT EVENTS</p>	<p><b>ADL/LIFE SKILLS 28</b> 9A WATCHNEWS/ CURRENT EVENTS 10A: WALKING WITH STAFF 1P: MATINEE MOVIE 3P: SNACK SOCIAL 5:30P: RELAXING MUSIC</p>	<p><b>ADL/LIFE SKILLS 29</b> 9A WATCH GOSPEL SHOW 10A: DANCE EXERCISE 2P: WORD SEARCH 3P: SNACK SOCIAL 5:30P: DEVOTIONAL TIME</p>
<p><b>ADL/LIFE SKILLS 30</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P: MANICURE/AL 2P: MATINEE MOVIE 5:30P: MUSIC RELAXATION</p>	<p><b>ADL/LIFE SKILLS 31</b> 9A DEVOTIONAL PRAYER/ GOSPEL MUSIC 10A WALKING 1P BINGO/PRICES 3P SNACK TIME 5P RELAXING MUSIC</p>					

ACTIVITY SCHEDULES ARE SUBJECT TO CHANGE AT ALL TIMES.